

The Take Back Your Life Recovery Model:  
Helping Clients Heal from Cults, High-Control Groups, and Abusive Relationships  
has been approved by NBCC for NBCC credit.  
Take Back Your Life Recovery, LLC is solely responsible for all aspects of the program.  
NBCC Approval No. SP-3745.

It is common to hear from survivors that finding a therapist that “gets it” can be a challenge and that many of them have felt stigmatized, judged, not believed, and/or frustrated in trying to seek help in their recovery.

From therapists, we hear that they want to be supportive, but have limited access to training that will help them to specialize in this area.

The Take Back Your Life Recovery Model: Helping Clients Heal from Cults, High-Control Groups, and Abusive Relationships is designed to bridge this gap and to help professionals be better-equipped to offer effective trauma-informed care to their clients in this particular area.

This course will give helping professionals a foundational knowledge of the impact of coercive influence and control and the psycho-social dynamics of cultic systems, an overview of the recovery process, and how this differs from traditional trauma treatment.

For more details, please visit our website.

Date	<b>June 17, 2022</b>
Time	<b>12:00 - 3:45 PM EST</b>
Cost	<b>\$187</b>
Venue	<b>Zoom</b>

**Register Now**  
[www.TBYLR.com](http://www.TBYLR.com)

#### Instructors



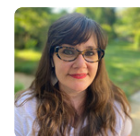
**Dr. Janja  
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International  
Authority on  
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**Beth  
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Licensed  
Professional  
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**Sally  
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Licensed  
Clinical Social  
Worker

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## Hour 1

12:00-12:15pm	Instructor introductions and course overview
12:15-12:45pm	Defining Cults, high-demand, and coercive systems/relationships
12:45-1:00pm	Impacts of closed systems on trauma response and clinical presentation

## Hour 2

1:00-1:15pm	Break
1:15-1:45pm	How is cult therapy different? Importance of screening in-treatment population. What are you looking for? Debriefing, exit interviews, psychoeducation, etc.
1:45-2:00pm	Differentiating PTSD & CPTSD in treatment approach Introduction to idea of moral injury

## Hour 3

2:00-2:15pm	Break
2:15-2:45pm	Decreasing stigma and creating client safety
2:45-3:00pm	Role of therapist as “non-expert”
3:00-3:45pm	TBYLR Recovery model and using a multi-faceted approach to healing

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